



# Food For Thought



PJ Quigley's Bar & Grill

December 2008

## Holiday Greetings!

*What better time to count our many blessings! We're grateful for alot of things, but none more than **YOU**, our ever supportive guests and friends. Thank you for your patronage and trust. May this be your best and brightest holiday ever!*

*The Gang at PJ's*

## No Peeking \$5000 Holiday Giveaway



Our "No Peeking" Christmas Envelopes have been a HUGE hit ... last year we gave away **hundreds** of free dinners and **thousands** in desserts, discounts and Gift Certificates. We're busting the bank this year with more than **\$5000 in prizes and savings for YOU!**

Every time you join us in December we'll give you a sealed red envelope with your bill. **But No Peeking!**

You **can't open it** until you return to us in January or February...and you must open it in front of your server when your secret prize will be revealed...ooh the suspense!

## Lunch with Santa!



Join us for Lunch with Santa on **Saturday, December 20<sup>th</sup>** from 2-4pm! (after that he'll be too busy!) Santa will be joined by his elves, helping out at our **Cookie Decorating Table**. Enjoy a delicious lunch, fabulous treats, Christmas Carols and all sorts of Christmas spirit!

**Saturday December 20th 2-4pm!**

5.95 for Kids and 10.95 for Adults!

## FREE Pie in December



You'll notice the next time that you are in our lobby that a beautiful Christmas tree has appeared there... and strange thing, its covered in **FREE PIE**...well, okay it's covered in certificates for them.

**Bring in New Hats and Mittens to be placed on the tree and you can exchange them for one of the FREE PIE certificates!**

As the tree fills up, we'll give the hats and mitts to **Ottawa Inner-City Ministries**, an initiative to help street people in the downtown core.

**The tree will stop producing December 31, so come on in before then!**

*"What I don't like about office Christmas parties is looking for a job the next day."*

*~Phyllis Diller*

**Become a Royalty Rewards Member and Save Every Time You Dine With US!**

**PJ Quigley's Bar & Grill 250 Greenbank Rd. Ottawa ON**

**Open daily at 11am ~ Weekend Breakfast 7:30am-2pm**

www.pjquigleys.com ~ 613.820.2969

# We Mix. You Mingle.



With a **downturn in the economy**, many businesses are **putting the company holiday party on hold** or canceling it altogether. **BOO!**

**We are here to help!**

PJ's is the perfect place for your Holiday Party....with **NO rental charges or room fees!** Let us worry about chilling the drinks, mixing the perfect cocktails, and washing all those dishes at the end of the night. We'll make your party one to remember! *(and you'll be the office hero!)*

**Request a fax back of our full menu and details  
613.820.2969 or catering@pjquigleys.com**



## HOLIDAY HOURS!

December 24: 11am- 3pm

December 25: Closed!

December 26: Closed!

December 31: 11am-8pm

January 1: Closed!

*Seldom does the staff enjoy two days off in row! The holidays allow them to relax and reconnect with their families! Thank-You!*

## How NOT to Shop!

*5 Ways to Shop Safely This Season*

The busiest shopping season of the year has begun! Here are some tips from the **Retail Council of Canada** on how to keep your purchases, cash and credit safe this shopping season.

1. Do not carry more items in your wallet or purse than you really need, e.g. birth certificate, receipts, spare key to the house or car.
2. Never leave your purse or wallet in your vehicle and never leave anything of value in plain view. If opportunistic criminals see something of value between the car seats, they will steal it.
3. Do not leave your purse unattended in a shopping cart – not even for 10 seconds.
4. Change the Personal Identification Number (P.I.N.) assigned to your debit and credit cards regularly (every three months).
5. Review your credit report at least once a year. Three companies that provide this service in Canada are:
  - EQUAFAX Canada Inc. 1-877-713-3393  
[www.equalfax.ca](http://www.equalfax.ca)
  - TRANS UNION Canada 1-866-525-0269 [www.tuc.ca](http://www.tuc.ca)
  - NORTHERN Credit Bureau 1-800-532-8784  
[www.creditbureau.ca](http://www.creditbureau.ca)

Avoid the crowded malls and frazzled shop clerks!

**Shop Local! Shop Greenbank Square Mall!**

## PÈRE NOEL, RING MY BELL!



Can you match the name for Santa to its corresponding country?

- |                     |                   |
|---------------------|-------------------|
| 1) Pere Noel        | A) United Kingdom |
| 2) Babbo Natale     | B) Holland        |
| 3) Hagios Nikolaos  | C) France         |
| 4) Father Christmas | D) Greece         |
| 5) Sinterklaas      | E) Italy          |

Answers 1C; 2E; 3D; 4A; 5B

## Thanks for the Kind Words!

"I didn't even have to tell Jen what I wanted on Wednesday night.....she rhymed off my favourite 3 drinks (should she know I have 3 faves? Should I be telling you that??).....the service and atmosphere are priceless...ALWAYS!!!!" **Vicki M. aka Lemon Drop**

"I like the fact that the staff recognizes us as regulars and even remembers our order. Service is fast and efficient and the food quality is consistent." **Alan F.**

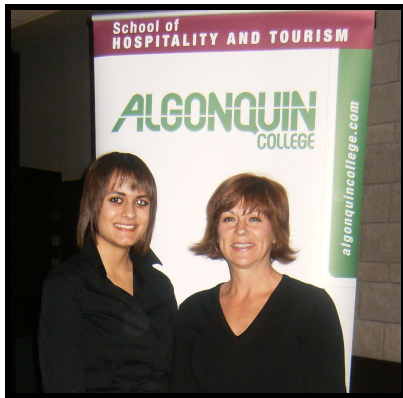
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## GUESTS GIVE THE GIFT OF EDUCATION



Congratulations **Stephanie Cuconato** recipient of "The PJ Quigley's Award" during the **Algonquin College School of Hospitality Awards Gala**.

Participants in this year's **PJ's Golf Classic** raised funds to support a deserving student in the Culinary Management program. Joe and I were thrilled to meet her and **proud of our guests who made this gift possible**. Stephanie will pursue her passion, a career in the pastry arts.

## 3 Ways to Ease Holiday Anxiety

For many, the end-of-year wrap-up duties at work collide mightily with what should be pleasurable personal activities. Pretty soon it seems your work will never be done. Here are three tips to help you navigate your personal obligations:

- 1. Aim for "good enough."** Stop striving for perfection. You'll only drive yourself—and anyone else in your orbit—nuts. You can't make everything ideal. No tree is perfect; cookies don't have to be made from scratch. Do your best, and then move on.
- 2. Prioritize your socializing.** With all the parties and get-togethers going on during the holiday season, don't feel obligated to attend every single function. Decide which events are most important both professionally and personally, and skip the nonessential ones.
- 3. Divide the labor.** Separate your to-do list into small, manageable chunks. Instead of becoming exhausting trying to do everything at once, wrap one or two gifts every evening. Shop online during lunch breaks. Write five holiday cards each morning while you have coffee. Break down tasks anyway you can so they don't seem so daunting!



## Hockey Day in Canada!

### February 21, 2009

"This is the BEST Day of the Year to be At PJ's!"

*Grab your stick outta the garage and get your team ready! More details in the January '09 newsletter!*

*"I once wanted to become an atheist but I gave up . . . they have no holidays." ~ Henny Youngman*

## Sunday Family Night!



**SUNDAY DECEMBER 21st at 6pm!**

Frosty the Snowman & "It's A Wonderful Life" on the big screen

### Dinner Menu

*Garlic Smashed Potatoes\* Joe's Famous Green Beans \* Price Family Turnip and Carrots\*  
\* Roast Turkey with World's Best Stuffing\* Warm Apple Pie*

**12.95 for Adults - 5.95 for kids under 10**

**Our Family Table that Seats 8 Books Quickly!**

**Call for reservations today! 613.820.2969**

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## Just Your Cup of Tea

Health experts have long held that **tea lowers the risk of heart disease**, stroke, and possibly some cancers. Now British researchers at the University College London are saying that tea lowers stress. In a study, half the participants drank four cups of black tea a day; the other half drank similarly tasting tea but without active tea ingredients. After six weeks, the real tea drinkers had lower levels of the stress hormone cortisol than the ones who had been drinking the placebo tea. High levels of cortisol can weaken the immune system and induce cravings for fattening foods.



## Recession-Proof New Year's Eve 2008

Champagne Cocktail Party  
for Royalty Rewards Members Only!

If your Holiday is still on Lay-Away,

WE ARE HERE TO HELP!

- FREE Cocktail Party 6-7pm (RR Members Only!)
- Dinner 7pm. Everyone welcome- kids too!
- World Junior Hockey on the Big Screen- 7:30
- PJ's NYE "Human Countdown Clock"- 9pm!

*(We close after the hockey game!)*

**\$25.00 PER PERSON**

Cocktail Party by Reservation only! 613.820.2969.

Seating is limited so make your reservations now!

[www.pjquigleys.com](http://www.pjquigleys.com)

# RELAX!

You Can Eat And Shop  
At The Same Time.

## GIFT CERTIFICATES

Ready To Go When You Are.



Still have a few people to shop for?

Favorite Teacher? Faithful Babysitter? The Vet?  
Bank Teller? Hard-to-buy-for-sister? (*C'mon! She  
returned the sweater you bought her last year!*)

Take care of THEM before you finish dining!

## 3 DAY BLOW-OUT SALE!

Buy \$50 - Get \$10 FREE!

For every \$50 of Gift Certificates you buy  
for family and friends in December,  
receive \$10.00 in FREE Bonus Certificates!

## DECEMBER 19, 20, 21!

*Gift Certificates not valid on date of purchase.*

## Cold Weather Drains Batteries

Electronics experts warn that cold temperatures can drain battery power. They recommend not leaving laptops in parked cars for extended periods of time, as well as keeping devices such as cell phones, pagers, and PDAs (personal digital assistants) in a pocket close to your body when outside.

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# NORTH POLE SHIPPING & HANDLING



## Happy Birthday Wishes!

**Rob Aldrich, Harvey Baskin, Elaine Belec, Gloria Berish, Chris Buell, John Butterworth, Michelle Foss & Lisa Laferriere, Paul Mahood Vicki Marcille, Tony Marston, Sam 'DB' Perrin, and Mary Pilson!**

For everyone celebrating anything this month congratulations! RR members! Watch your mailbox for your **dinner gift from us!**

### EVERYONE Saves On These Nights!














**Monday-** Save \$2 on Wings

**Thursday-** Save \$3 on Fajitas!

*"What I don't like about office Christmas parties is looking for a job the next day."*

*~Phyllis Diller*

## December Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 National Pie Day 	2 <b>Kids Eat for \$2 every Tuesday</b>	3 Worlds largest Bar Opened in 1929	4 <b>Save \$3 on Fajitas every Thursday after 5pm</b>	5 Blue Jeans were invented in 1880	6 <b>Weekend Breakfast 7:30-2pm</b>
7 National Pearl Harbor Remembrance Day	8 <b>SAVE \$2 on Wings every Monday after 5pm</b>	9 National Pastry Day 	10 OSU Soccer night	11 Apollo 17 lands on the moon in 1972	12 <b>Beaus Lager Fish &amp; Chip Day</b>	13 Ice Cream Day 
14 <b>Weekend Breakfast 7:30-2pm</b>	15 "It's your Boss's Birthday Day!" 	16 <b>Kids Eat for \$2 every Tuesday after 5pm</b>	17 National Maple Syrup Day 	18 <b>Save \$3 on Fajitas after 5pm</b>	19 Oatmeal Muffin Day 	20 <b>Lunch with Santa</b> 
21 Family Movie Night 	22 HANUKKAH 	23 <b>Kids Eat for \$2 every Tuesday after 5pm</b>	24 Christmas Eve  11am-3pm	25 Christmas  Closed	26 <b>BOXING DAY Closed</b>	27 National Fruit Cake Day
28 National Chocolate Day 	29 <b>SAVE \$2 on Wings every Monday after 5pm</b>	30 <b>Kids Eat for \$2 every Tuesday after 5pm</b>	31 Recession-Proof New Year's Eve 			

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