



# Food For Thought ~ I Mom

PJ Quigley's Bar & Grill

May 2008

## Apple for the Teacher!



For many years PJ's has celebrated our teachers with discounts and specials ...but this year, we're going to give one special teacher an apple they'll really love! **FREE APPLE PIE FOR A YEAR!** I've always wanted to give out a homework assignment...so here goes! Students, Parents, Friends of Teachers, Families....your assignment is as follows: In 400 words or less, write a short essay on, *"Why You Think Your Teacher Deserves Free Pie for a Year!"* Bring it in to PJ's with your name, your phone number, email address, the Teacher's name, the schools phone number and the name of the school. On now throughout May! We'll announce a winner in June! Now, stay between the lines and don't mess up, I've got my red pen handy...okay, there's no grading, I just wanted to feel the power!

## YOU'RE THE REASON WE'RE #1



OTTAWA RESTAURANT AWARDS

### Summer Guest Appreciation Party! Saturday, May 31th 7-10pm!

We're proud to be CTV's "Ottawa's Favorite Restaurant", but

#### THE REAL HONOUR BELONGS TO YOU!

Outdoor BBQ, tastings, prizes, and dancing with DJ 'Chris D'!

**RSVP ONLY!**

613.820.2969 or catering@pjquigleys.com

## DAVE'S LOST HIS BALLS!



Yup, our buddy **Dave Green**, president of the **Trend Arlington Tennis Club** has lost his balls! "At the end of the season, I put our club's tennis balls in a 'safe place'," he says. "Well, this year, they're no where to be found!" He may not find his balls, but your old playable tennis balls can be donated to the **Greenbank Middle School Phys-Ed Program!** Bring this certificate and your gently used balls to the TATC clubhouse, located behind Greenbank Middle & Knoxdale Public Schools, **Saturday May 10, 12pm-4pm!** Dave will personally reward your generosity with a **coupon** for a **FREE** appetizer from PJ Quigley's!

**Trend Arlington Tennis Club**

**Registration: Saturday May 10th 12-4pm**

*1st Meet & Greet - snacks /cocktails @ PJ's 4-6pm!!*

## Mother's Day Brunch



Reserve your Mother's Day Breakfast & Lunch NOW!

House made Belgian Waffles, Eggs Benedict, Buttermilk Pancakes, bottomless coffee and friendly service!

**May 11<sup>th</sup> 7:30 am till 2 pm**

**RSVP by calling: 613.820.2969**

## THANKS FOR THE KIND WORDS!

*"Enjoyed the ribs-excellent! Tuesday night Magician was fun-even for the big kids! ~ John & Linda Wilson*

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## Preserving Memories



According to Ottawa Police and Fire Departments, photo albums are the number one possession that people regret losing in a flood or fire. They recommend putting photo negatives or CDs in a watertight envelope and placing it in a fireproof box.

## PJ Quigley's Is Changing Its Name!



On **May 5th**, 'Cinco De Mayo', we will be known as **PJ's Casa de Guacamole!** Come on down and try our Quesidillas, Fajitas, Nachos and **FRESH GUACAMOLE MADE RIGHT AT YOUR TABLE!**

Delicious and traditional it's truly something you won't want to miss!

**Try Our Frozen Lime Margaritas On Special All Day!**

It's our gift to you just for celebrating with us!  
*Our Regular Menu Is Available*

**'TO EAT IS HUMAN; TO DIGEST, DIVINE'**  
- Mark Twain

## PJ's GUEST SPOTLIGHT



'AK' creator of "Comfortably Numb"  
-Canada's Pink Floyd Show

This month, we celebrate long time guest and SRB alumni **Azim Keshavjee**, songwriter, performer, multi instrumentalist and creator of "**Comfortably Numb**"- '**Canada's Pink Floyd Show**'. His tribute show- "...considered musically, one of the best in the world", is endorsed by the only Pink Floyd fan website supported by all members of Pink Floyd! Joe and Chef James were at a recent show. Said James, "*Man, that was unbelievable, a real 70's Pink Floyd experience; blues, world, psychedelic, trance, ambient, acoustic. Outstanding visuals!*"

'AK' is married to musical partner **Solveig Keshavjee**, who also performs in Comfortably Numb. Proud parents of two beautiful daughters, they own and operate a successful music school and make their home in our neighbourhood!

**Want To Check Out The Next "Comfortably Numb" Show?**

**Get In The Draw For Dinner At PJ's and Tickets to the Show! Thanks AK!**

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

**When: Friday June 20 & Saturday June 21**  
**Where: Barrymore's Music Hall**

**Tickets: [ticketmaster.ca](http://ticketmaster.ca), [Barrymores.com](http://Barrymores.com), or  
Call 613.233.0307- [www.comfortably-numb.ca](http://www.comfortably-numb.ca)**

## THANKS FOR THE KIND WORDS

*"Thank you for apologizing...appreciated the offer for free breakfast but I couldn't accept. The apology was all that was necessary"*  
~ Elaine S.

*"Amazing service by Marie...such a pleasant experience. We will be back more often!"* ~ Larry R. & friends

*"Best meatloaf in town, other than my Dad's!"* ~ Jarrod S.

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**You could be the Winner of a  
FREE Dinner!  
WHERE IN THE WORLD?**



Tell us the correct answer to what this is and what country this is in to enter our draw to win a **FREE** appetizer or dessert valued to \$7.99!

## They Call Her "The Rookie"



### Meet Marie- a.k.a. "The Rookie"

She's the ex-captain of John McCrae High School Girl's Rugby Team, and she brings the determination of an all-star athlete to every shift. Having no previous restaurant experience, Marie ('Sunshine' to her friends) has worked very hard at crafting her new skills. Her delightful personality, willingness to learn and genuine kind heart make her a pleasure to work with. She's a good friend to her co-workers ("Who wants something from Tim's?") and goes the extra mile for her guests every day!

## THIS IS NOT ART



### Graffiti Vandalism in Our Neighborhood- Not a Victimless Crime

PJ's is "tagged", (the writing or painting of an identifiable symbolic character on private property), relentlessly! Unfortunately, there's plenty of opportunity for vandals to act in the dark areas behind our building. **Dylan Smith**, President of the **Trend Arlington Community Association** is leading the fight to stem tagging and graffiti in our neighborhood.

"If graffiti is left unattended it leaves a bad impression," he says. "Graffiti that's allowed to spread can harm economic growth; lead to further vandalism, and more significant crime." **Don't let graffiti spread in our community!** Get involved! Become a member of the Trend Arlington Community Association, and learn how you can protect the value of your property.

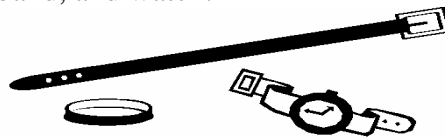
**Report graffiti in progress: call 9-1-1**

**Report graffiti in your neighborhood: call 3-1-1.**

**Trend Arlington Community Association:**  
**www.trendarlington.ca or 613.828.3460**

## Less is More

According to the magazine GQ, professional men should wear no more than three accessories — belt, wedding band, and watch.



**"There is only one way to succeed in anything, and that is to give everything. I do and I demand that my players do."**

**-Vince Lombardi**

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## Cash for Churches in April!

We know running a church costs money; it takes money to keep the doors open and the lights on! This has been an amazing month at PJ's and we've been tremendously moved by your enthusiasm for this venture. We've been so inspired, we'll do it again at Thanksgiving!

### Congratulations Woodvale Pentecostal Church On Winning the Bonus \$100!

Many folks shared stories about their church and scripture passages with us. Here are a few we really loved...we thank you for your blessings!

*"The man who has two tunics is to share with him who has none; and he who has food is to do likewise." Luke 3:11*

*"... for God loveth a cheerful giver." Corinthians 9:7:*

*"Give, and it shall be given unto you..." Luke 6:38*

*"...the people rejoiced, for that they offered willingly, because with perfect heart they offered willingly to the Lord..." Chronicles 29:9*

### THANKS TO THE MEMBERS OF THESE CONGREGATIONS

**Our Cheque has been sent on Your Behalf!**

Arlington Woods Free Methodist Church  
Agudath Israel Congregation  
Barrhaven United Church  
Bell's Corners United Church  
Capital City Bikers' Church  
Haven Baptist Church  
Merrickville United church  
St John the Apostle Church  
St. Maurice Catholic Church  
St Mary's Catholic Church  
St. Stephen's Anglican Church  
St. Patrick's at Fallowfield Church  
Our Lady of Fatima Parish  
Woodvale Pentecostal Church

## A Hole in One!

For golfers, getting a hole in one is one of the highest achievements of the game. The National Hole in One Association estimates that the typical amateur golfer (on a par three hole) hits a hole in one once every 12,750 shots. The best amateurs ace one every 7,500 shots. Professional golfers hit a hole in one about once every 3,750 shots.

## Tell Us Your Favorite Recipes!



Download PJ's Chicken Fingers Recipe from our website  
[www.pjquigleys.com/food](http://www.pjquigleys.com/food)

For our 7th Anniversary, we're creating the **Royalty Rewards Members "Diner's Choice Award"** for our guest's best recipe! Please tell us your favorites and why they're special. We'll feature the top picks in our August newsletter! Email your recipes to:  
[lprice@pjquigleys.com](mailto:lprice@pjquigleys.com)



## BAG IT!

The Canadian Chiropractic Association says that the giant handbag trend is causing many women to develop neck and shoulder pain, as well as headaches. Many large fashionable bags can easily hold 10 to 15 pounds, but the CCA says handbags should weigh no more than one to two pounds fully loaded.



## Helping Lost Pets

The next time you find a friendly but lost cat or dog, take the animal to the nearest vet's office, animal control facility, or pet shelter. Most of these places can scan the animal to see if it has an internal microchip ID. If so, that can provide the name or at least the phone number of the owner. **Karen**, from the **Greenbank Animal Hospital** says, "If a lost pet has a rabies tag, call the number on the tag. This may help locate the owner. **24PetWatch.com** is a good place to register your pet's microchip number for free. Just be sure to keep the information up to date if you move!" She also recommends not assuming a wandering cat is lost. "Give cats a day or so, and don't feed or bring them indoors."

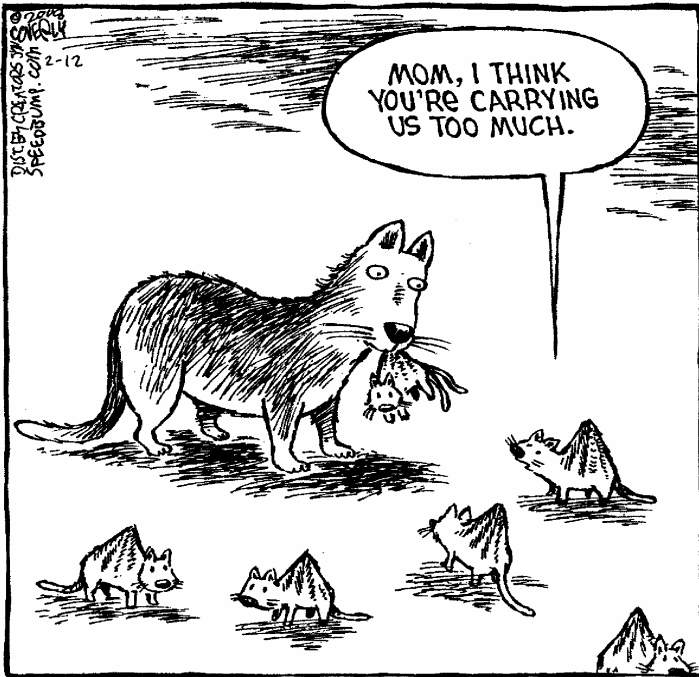
If none of that works, post flyers with a photo of the found pet at local stores and vet's offices within a few mile radius of where you found the animal and leave them up for at least two weeks

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## CELEBRATE!












### HAPPY BIRTHDAY:

Violet Albery, James Archibald, Mark Arnott, Murray Baldock, Moe Cameron (welcome home!), Brenda Hoskins, Ernie Hughes, Shane Kevern, Ted McNeil, Paul Obeda, Evie Rajzman, Richard Rose, Cathrine Sprysa, David Twigg, Suzanne Tyo and Connie Vanier!

To All Our Valued Members Celebrating a Birthday or Anniversary in May, Watch Your Mailbox for Your Gift from Us!

## May Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
View our Menu & Newsletter online at <a href="http://www.pjqquigleys.com">www.pjqquigleys.com</a>				1 "Apple for the Teacher" Essay Contest All Month! 	2 <b>Fresh Fish &amp; Chips with Beaus Organic Lager</b>	3 Tulip Festival Begins to May 19th 
4 Breakfast 7:30-2pm	5 <b>CINCO DE MAYO! Fresh Guacamole Made Tableside!</b> 	6 Kids Eat for a Twoonie! Magic Show!	7 No Socks Day 	8 2 for 1 Fajita Thursday	9 <b>Fresh Fish &amp; Chips with Beaus Organic Lager</b>	10 <b>Trend Arlington Tennis Club Meet &amp; Greet 4-6pm!</b>
11 Breakfast 7:30-2pm	12 1/2 Price Wings after 5pm 	13 Kids Eat for a Twoonie Tuesday	14 The Ringling Brother's Circus Opened in 1884 	15 2 for 1 Fajita Thursday	16 <b>Fresh Fish &amp; Chips with Beaus Organic Lager</b>	17 Breakfast 7:30-2pm
18 Breakfast 7:30-2pm	19 1/2 Price Wings after 5pm 	20 Kids Eat for a Twoonie Tuesday	21 Win Tickets to "Comfortably Numb", Canada's Pink Floyd Show!	22 2 for 1 Fajita Thursday	23 <b>Fresh Fish &amp; Chips with Beaus Organic Lager</b>	24 Breakfast 7:30-2pm
25 Grace Annie Lockhart 1st Woman To Earn A University Degree In Canada.	26 1/2 Price Wings after 5pm 	27 Golden Gate Bridge opened in 1937	28 Enter our Royalty Rewards "Diner's Choice Award" Contest for Best Guest Recipe	29 JFK was born in 1917 	30 <b>Fresh Fish &amp; Chips with Beaus Organic Lager</b>	31 <b>Guest Appreciation BBQ! 7-10pm RSVP Only!</b>

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# What's Inside...

Treat Your Mother to Our Mother's Day Brunch

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Win Dinner & Concert Tickets!!

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DAVE'S LOST HIS BALLS!

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Summer Guest Appreciation Party!

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How Heavy is Your Bag?

\*

Helping Lost Pets



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Ottawa, K2H 8X4  
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*OUR FEATURED  
APPETIZER THIS MONTH*

*Spinach and Artichoke Dip*

*A velvety blend of cream cheese, sour cream,  
baby spinach and artichoke hearts served with  
crisp flat bread and fresh tortilla chips.*



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"Ottawa's  
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Voted by YOU!

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