



# Food For Thought

"Your Neighborhood...Your Pub!"

April 2008--Available On-line!

## WHY COOK?

Imagine...

No grocery shopping, cooking or dishes to wash!

Imagine...

Having some family time and SAVING \$\$\$ too!

## Kids Eat for a Twoonie

Tuesday in April!

(\$3.99 Value!)

Spaghetti - Kraft Dinner

Pogos - Pizza

Burgers - Hot Dogs

Chicken Fingers -Grilled Chicken & Salad

Includes milk, juice or pop, an ice cream sundae and a peek in the toy chest!



## How Can YOU Help YOUR Religious Institution

### Get A HUGE Donation?

Through a special promotion, PJ Quigley's Bar & Grill has set up a donation program which gives **CASH** back to **YOUR** church, synagogue or mosque!! We are going to donate **UP TO 15%** of the sales from your members back to your institution. There is also a **CONTEST** for the group that raises the most in donations; we are giving an additional **\$100.00!** Turn in your bill to your server with your name and the name of your church when you dine with us in April! *Visit us at: [www.pjquigleys.com](http://www.pjquigleys.com)*

## NHL Playoffs!

### Hockey Fever Begins April

It's Play-Off time here in the nation's capital! You know we sell out for every playoff game, so be sure to **reserve yourself a good seat** by calling early for a reservation! Watching the game with us this year will be better than ever! We'll be adding another TV to the dining room, running pools, and giving prizes away like crazy!



Wear your Sens jersey during round-one; be eligible to win Sens tickets! more- [www.pjquigleys.com](http://www.pjquigleys.com)

## CONGRATULATIONS!

*Connie Martense* is the winner of the Comment Card draw for \$100 in Dining Certificates! *Bob Huggins* guessed the correct number of green clovers in the St. Patrick's Day "Luck Charms" Cereal Box Contest!

Happy to hear *Barry Helps* is on the mend after major surgery in January!

**Join Our Royalty Rewards Program and Save Every Time You Dine With US!**

PJ Quigley's Bar & Grill - [www.pjquigleys.com](http://www.pjquigleys.com)

250 Greenbank Rd Ottawa - 613.820.2969

Open daily at 11am- ~ Weekend Breakfast 7:30am-2pm

## 6 Secrets to A Clutter Free Closet



Professional organizers offer these steps for cleaning out your bedroom closet:

- 1) Remove everything, vacuum the floor, and wipe down shelves.
- 2) Sort items that you won't be currently using into five boxes: donate, toss, mending/cleaning, does not belong in closet, and out-of-season.
- 3) Have necessary repairs and cleaning done on in-season apparel; designate another part of the house for out-of-season clothes.
- 4) When putting clothes back in, categorize by type and color. For example, put all black pants together.
- 5) Use the same type of hanger, preferably one with a flexible head.
- 6) Store shoes and scarves in clear plastic boxes for instant identification.

## **GO AHEAD-MAKE OUR DAY!**

People can feel particularly vulnerable when ordering in a restaurant. Imagine how you would feel if you ordered something and the waiter rolled his eyes and laughed! A few encouraging words and knowledgeable insight from your server can be very reassuring.; we want our guests to know they are making tasty choices! The better you feel about your decisions, the more likely you'll try new things! Want one of our items vegetarian? Have an allergy or on a diet? **PLEASE ASK US! MAKE OUR DAY!**

## **Thanks for the Kind Words!**

- "Really felt valued and happy. A great meal and great service. Hard working conscientious and attentive staff. Thanks!- **Jim Hayes**
- "The chicken cheddar grill was really good. There was enough chicken to make two sandwiches!"- **Barb Charland**
- "I go to the mall a few times a month and every time I go I have to stop by this restaurant for a slice of homemade pie. It is divine!"- **Joanne Ramsey**

## **FREE DINNER!**

Each month we'll give you a new trivia question. Bring in your entry, or fill one out while you are here. The first one drawn at the end of the month with the correct answers will win a FREE Dinner valued up to \$10.00 Here is this month's trivia question:

Which country refers to April Fool's Day as "Gowkie Day"?

- A. England
- B. France
- C. Scotland
- D. Ireland
- E. Mexico

*The first 10 people to answer correctly will be in the draw to WIN! Congratulations **Chris Lafrance** who answered last month's trivia question correctly and has received a FREE Dinner, he knew that oysters are the theme of the Galway Bay festival at the start of the season.*

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

My answer: \_\_\_\_\_

## **Fiddler Packs PJ's!**

*Cape Breton's most promising young fiddler, **Andrea Beaton**, performed to a packed house!*



Andrea and guitarist-singer **Buddy Macdonald** will return this summer to perform during **Lobsterfest!**

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## Employee of the Month Megan!



Every shift, Megan proves she has what it takes to be a dynamic team leader! She's a patient and thorough trainer, with a keen eye for details. She possesses a sincere desire to provide you with the very best of service! Megan is a terrific example of the kind of commitment our staff have in providing you with an enjoyable dining experience!

## Moms Trust Us! Kids Love Us!

Magic Show with Elliot Smith Tuesday  
6-8pm!



Don't believe us! Hear it from the kids:

*"The best food EVER!"*

*-Jonah, age 9*

*"Your ketchup is good and I like the lollipops."*

*Taylor B.-age 7*

*"I like when I get a toy in the treasure chest. PJ's*

*ROCKS!"-Madison T. age 7*

Kraft Dinner, Chicken Fingers, Homemade Pogos, Burgers, and Pasta! All meals include a drink, ice cream and a peek into the treasure chest! *With purchase of an adult entrée-5pm.*

## Broken Light Bulb? Here's How to Remove It!

A broken light bulb in its socket is a household aggravation, but it can quickly become a hazard if you're not careful. Follow these suggestions from professional handymen James and Morris Carey on how to remove it safely:

1. Unplug the lamp or turn off the circuit that it's on (if you're not sure, turn off all the circuits).
2. If it's an overhead light fixture, put down a tarp to catch any remaining broken glass, as well as don eye protection and a hat.
3. Cut a potato in half and press it down over the socket. While pressing down on the potato, turn it counterclockwise to unscrew the bulb base. (An apple works for this too.)
4. If that doesn't work, insert closed pliers into the broken base as far as you can; spread the handles apart and rotate counterclockwise.
5. Clean and dry the socket before restoring power.

## The Truth about Frogs



*Mark Twain once said "If the first thing you do each morning is to eat a live frog, you can go through the day with the satisfaction of knowing that it's the worst thing that is going to happen to you all day long."*

Your "frog" is your biggest, most important task, the one you are most likely to procrastinate on today if you don't do something about it! If you "eat it" first, it'll give you energy and momentum for the rest of the day!

## Tips, Recipes and More!

Your NEW PJ Quigley's website is easy to navigate, chock full of pictures of YOU, your fave recipes and upcoming events you don't want to miss! Don't want to fill out a comment card in the pub? You can give us your thoughts on-line!

[www.pjquigleys.com](http://www.pjquigleys.com)

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## Actual Excerpts from the Classified Section ...

- Illiterate? Write today for free help.
- Auto Repair Service. Free pick-up and delivery. Try us once; you'll never go anywhere again.
- Our experienced Mom will care for your child. Fenced yard, meals, and smacks included.
- Dog for sale: Eats anything and is fond of children.
- Man wanted to work in dynamite factory. Must be willing to travel.
- Stock up and save. Limit per person: One.
- Mixing bowl set designed to please a cook with round bottom for efficient beating.
- For sale: Antique desk suitable for lady with thick legs and large drawers.
- Now is your chance to have your ears pierced and get an extra pair to take home, too.
- We do not tear your clothing with machinery. We do it carefully by hand.
- Great Dames for sale.
- Tired of cleaning yourself? Let me do it!
- Vacation Special: Have your home exterminated.
- Used Cars! Why go elsewhere to be cheated? Come here first!
- Wanted: Man to take care of cow that does not smoke or drink.
- Our bikinis are exciting. They are simply the tops!

## Is Exercise In Your Day?



The Canadian Cancer Research Foundation recommends an hour a day of moderate activity and an hour a week of vigorous activity. If that seems hard to fit into your schedule, they suggest breaking it down and gives these examples:

Take the dog for a brisk walk in the morning  
= 15 minutes

Park the car at the edge of the lot and walk to the store = 5 minutes

Take the stairs at work instead of riding the elevator  
= 10 minutes

It's almost spring! Garden or play softball with your kids after school = 30 minutes

For vigorous activity, try some brisk hill walking on the treadmill or soon, outdoors!

## BATHROBE BRUNCH!



Join us for a PJ's Pajama Party!  
Saturday April 26th 11am-2pm!

You are cordially invited to dine in your bathrobes and pajamas, your slippers and curlers along with the PJ's pajama-clad staff! There will be kids coloring activities, coupons and giveaways for the whole family! Prizes for **Best "Bed Head"**, **"Rattiest Bathrobe"**, **"Funniest Slippers"**, and **"Most Outrageous Pajamas"**! Every kid will get a chance to win a pajama bear from **Build-A-Bear!** Lots of fun for the whole family to enjoy!  
*Just because we're grownup doesn't mean we have to act that way!*

## The Idea for Paper Towels ... it was an Accident

Scott Paper Company was the first to make paper towels, but it was more of a happy accident than a true invention. In 1907, an entire railroad car of paper was unloaded at the Scott manufacturing plant in Philadelphia, but it was too thick for its intended purpose of making toilet paper. Meanwhile, Clarence Scott, one of the company's founders, heard about a local teacher who gave her pupils individual squares of paper to dry their hands (rather than use the fabric roller towels in the restrooms) in an effort to stop the spread of colds. With this idea in mind, Scott perforated the thick paper into small towel-sized sheets. He eventually named them Sani-Towels and sold them to hotels, restaurants, and rail stations for use in public washrooms. In 1931, Scott began making perforated rolls of paper towels specifically for kitchens and household use.

You and me is friends. You smile, I smile-You hurt, I hurt -You cry, I cry -You jump off a bridge - I gonna Miss yur emails.

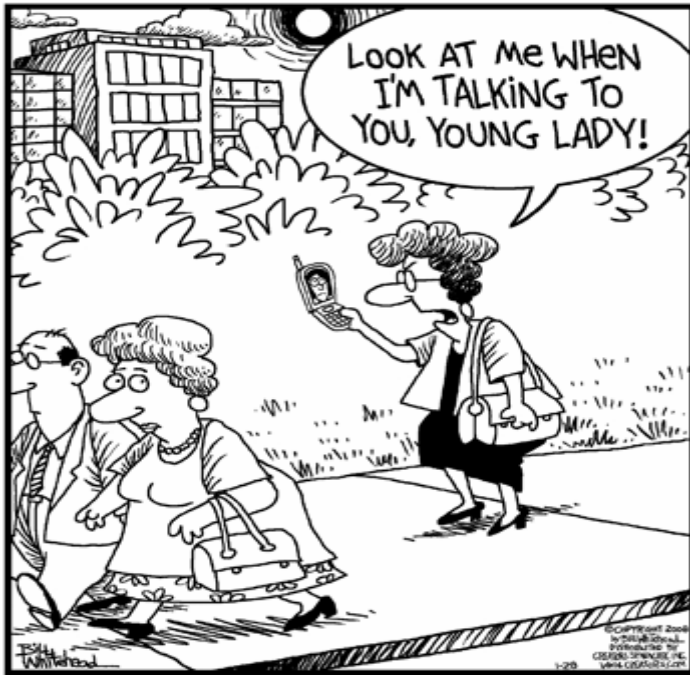
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## ♪ HAPPY BIRTHDAY♪

Barb Charland, Reginald Burton, Suzanne Brooks, Katya Brown, Richard Frobel, Aaron Kaiman, Bob Kirk, Julie Livingston, James Gilliland, Jock Jardine, Rick Laferriere, Linda McCormack, Jim Niles, Alan Smart, Maria Swan, Bob Vergette, and Eleanor Wilson!



To All Royalty Rewards Members Celebrating a Birthday or Anniversary this month.. Congratulations! Watch Your Mailbox for Your Celebration Gift from Us!

### April Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 <b>April Fool's Day</b> 	2 Ben Franklin Superdome Team Night 	3 <b>Sens vs Leafs Final Pay per View</b> 7:30pm	4 <b>Fresh Fish &amp; Chips with Beaus Organic Lager</b>	5 <b>Weekend Breakfast</b> 7:30am-2pm
6 <b>Weekend Breakfast</b> 7:30am-2pm	7 <b>1/2 Price Wings after 5pm</b>	8 <b>Maçic with Elliott Smith</b> 6-8pm Kids Eat Free after 5pm	9 <b>NHL Hockey Playoffs Begin</b>	10 National Sibling Day 	11 <b>Fresh Fish &amp; Chips with Beaus Organic Lager</b>	12
13 The North Pole was discovered in 1898	14 <b>1/2 Price Wings after 5pm</b>	15 <b>Maçic with Elliott Smith</b> 6-8pm Kids Eat Free after 5pm	16 Find a Rainbow Day! 	17 <b>Fajitas!</b> 2 for 1 every Thursday at 5pm	18 ↓ Great San Francisco Earthquake happened in 1906	19
20	21 <b>Administrative Professionals Week 21st-15th</b> 	22 <b>Maçic with Elliott Smith</b> 6-8pm Kids Eat Free after 5pm	23 Ben Franklin Superdome Team Night 	24 Take your son/daughter to work day.	25 Arbor Day	26  <b>Bathrobe Brunch 11am-2pm!</b>
27 Creator of Woody Woodpecker, Walter Lantz's Birthday	28 <b>1/2 Price Wings after 5pm</b>	29 ↓	30	<b>Watch All the Hockey Play-Off Action in Your Neighborhood Pub! <a href="http://www.pjqigleys.com">www.pjqigleys.com</a></b>		

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# What's Inside...

Why Moms Trust PJ's

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**GIVE 'EM THE PICKLE!**

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Is Exercise in Your Day?

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**Join Us For Our Pajama Party!!**

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**6 Secrets to a Clutter Free Closet**



*Your neighbourhood...your pub!"*

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Ottawa, ON K2H 8X4

[www.pjquigleys.com](http://www.pjquigleys.com)  
CTV's "Ottawa's Favorite Restaurant"



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